FAMILY ALTAR TIME



"AND THE PRIEST SHALL BURN THEM ON THE ALTAR AS FOOD, AN OFFERING MADE BY FIRE FOR A SWEET AROMA; ALL THE FAT IS THE LORD'S."
LEVITICUS 3:16 (NKJV)

"THOU CROWNEST THE YEAR WITH THY GOODNESS; AND THY PATHS DROP FATNESS."
PSALM 65:11 (KJV)

“The Lord <u>wraps</u> himself in light as with a garment; He stretches out the heavens like a tent.” Psalm 104:2 (NIV)

“He <u>wraps</u> you in goodness—beauty eternal.
He renews your youth—you’re always young in his presence.” Psalms 103:5 (The Message)

HOW TO USE

This material is to be used by families on a weekly basis.

Choose a time and a place where you can meet for at least 30 minutes each week (e.g. 7pm on Friday night around your meal table after the meal). Each meeting will follow an outline using the acronym, WRAPS – through following this pattern every week the Lord will wrap You in His light and goodness and push away the darkness to transform your family. As You give your best to the Lord (fat of the offering), He will pour out His best over your family (fatness of abundance).

GUIDELINES

Ideally Fathers should call for and lead these meetings. If the father is not able to do this the mother can lead. The leader should ideally be reading the 10 chapters a day as part of a 10x10 group as each week takes a reading from that week's 10x10. This will give the wider context.

Guidelines for the leader of the Family Altar Time:

It is a time to build up and not tear down.

It is a time to encourage and not to lecture.

It is a blessing time not a blaming time.

It is a time to seek God's presence together and not to solve problems.

It is a time to read and talk about the Bible together and not gossip together!

It should be a fun time and not boring or too serious that family members are put off.

If a family member does not want to be there do not force them to join in. Pray for them with identificational repentance (see point 4).

(1) Worshipping (7 Minutes*)

Use the YouTube links provided to sing along with the worship videos (if you can it is best to project onto a big TV screen for all to see, hear and sing along with). Sing in faith and with passion, with a grateful heart. Proclaiming praises into your house like this causes evil spirits to flee and His presence to come.

(2) Reading (5 Minutes*)

Read aloud together as a family the scripture passage included for that week (you can print out sheets or read from mobile devices using the e-booklet). Read with faith and feeling, putting your whole heart into it. Doing this you are declaring the Word of God into your house and you are building yourselves up and filling your heart with His Word by reading big chunks of the Bible in context.

(3) Applying (10 Minutes*)

Ask family members to answer the questions honestly and briefly. The leader should do some quick preparation beforehand to understand the passage of Scripture and its context. This is not meant to be a heavy Bible Study but a devotional time where the Word is applied into lives to bring transformation. Make it short and sweet.

(4) Praying (5 Minutes*)

Take turns to pray for each other and for your extended family (Pray by using the things you learned from the passage of Scripture). Pray short arrow prayers rather than long-winded prayers. Especially pray using identificational repentance (e.g.
"Forgive us Lord that we have broken Your covenant by _____, have mercy on us Lord, forgive us and cleanse us from all darkness by Your precious blood. Help us move in the opposite spirit by _____. In the name of Jesus, Amen".)

(5) Speaking Blessing (3 minutes*)

Parents (especially the father) take time to bless your children first. Children can bless parents and each other too. You can use the Aaronic prayer from Numbers 6:24-26 ("The Lord bless you and keep you; The Lord make His face shine upon you, and be gracious to you; The Lord lift up His countenance upon you, and give you peace.") and add on other specific blessings affirming value, picturing a special future, and affirming your personal commitment. Use the structure, "I bless You in the name of Jesus that the Father may….".

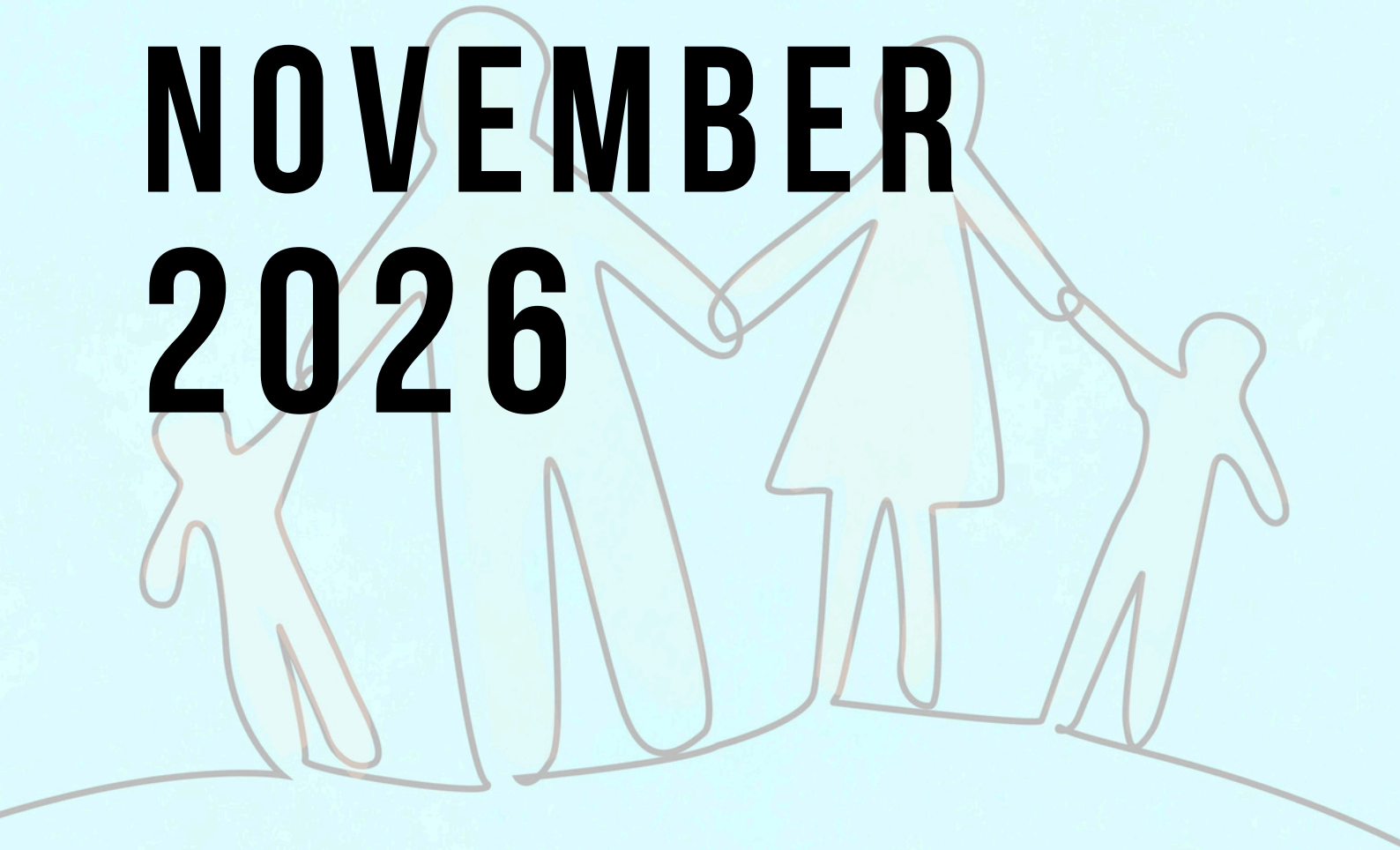
An example blessing is: "I bless you in the name of Jesus, that the Father may bless you. I bless you that the peace and joy of God may come upon you and wash through every part of your being, physically, mentally, socially and spiritually. Amen."

Remember to look eye to eye when blessing. If the family member cannot look you in the eye say, "Is there anything I have done to hurt you that you cannot look me in the eye?". If you have offended them in any way ask forgiveness ("forgive me for hurting you by _____").

If they release forgiveness then you can bless them, if not they are not ready to receive the blessing.

**Suggested timing. Make it according to what is best for your family).*

FAT WRAPS FOR NOVEMBER 2026



WEEK 1

WORSHIPPING

(November 1st – 8th 2026) Psalm 130 – Isaiah 10

Shepherd of My Soul
https://youtu.be/9sv3e2cFcj4?si=853HIEeaTyz-jxiL

Perfect Wisdom of Our God
https://youtu.be/hSnzYnOe6kI?si=a5ny4eX6UZlCGWP1

Fear God (For kids)
https://www.youtube.com/watch?v=0GvC8bX_HAY

Ecclesiastes 12:9 - 14 (NKJV)

Reading for young kids
https://www.youtube.com/watch?v=PfGexiDtRg4

“9 And moreover, because the Preacher was wise, he still taught the people knowledge; yes, he pondered and sought out and set in order many proverbs.
10 The Preacher sought to find acceptable words; and what was written was upright — words of truth.
11 The words of the wise are like goads, and the words of scholars are like well-driven nails, given by one Shepherd.
12 And further, my son, be admonished by these. Of making many books there is no end, and much study is wearisome to the flesh.
13 Let us hear the conclusion of the whole matter: Fear God and keep His commandments, for this is man’s all.
14 For God will bring every work into judgment, Including every secret thing, Whether good or evil.”

APPLYING

1)

- What small daily choices show that we ‘fear God and keep His commandments’ as a family?
- For example - how we speak to one another, how we handle conflict, how we prioritize worship, how we treat people outside the home.

2)

- If God brings every deed into judgment, how does that change the way we use our time, words, and devices at home?
- Ecclesiastes ends with accountability.
- This question helps us reflect on hidden habits, digital life, private attitudes, and the stewardship of time.

3)

- What wisdom have we learned this year that we should ‘pass down’ to one another, just as the Teacher sought to teach clearly and truthfully?
- Verses 9–10 highlight the Teacher’s desire to teach well.
- This question encourages intergenerational sharing — What have you learnt from your parents or your children?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to fear God and keep His commandments. (e.g., “Forgive us Lord for many times fearing man more than You so we end up breaking your commands and living in sin. Help us live in the reverential fear of Your presence, doing what is right no matter what the cost. Amen!”)

Declare by faith that your family will live in in the fear of God (e.g., “We declare by faith, in the name of Jesus, that we the _____ family will live in holy fear, doing only that which Is pleasing in the Lord’s sight. Amen!”)

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

WEEK 2

WORSHIPPING

(November 9th – 15th 2026) Isaiah 11 – Jeremiah 14

Revival
https://youtu.be/E67yfU7fOsk?si=j3y0pHzDuq43aUOE

Comfort, Comfort all my People
https://youtu.be/rt_CaPi_yjY?si=JNYvAC8Cn4zkB9Br

Comfort Like Jesus (For children)
https://youtu.be/vRekYr0J55Q?si=xQRG6Q0RPWKiVMus

Isaiah 40:1 - 11 (NKJV)

Reading for young kids
https://www.youtube.com/watch?v=td1wZQzS2BI

1 “Comfort, yes, comfort My people!” Says your God.
2 “Speak comfort to Jerusalem, and cry out to her, that her warfare is ended, that her iniquity is pardoned; For she has received from the Lord’s hand double for all her sins.”
3 The voice of one crying in the wilderness: “Prepare the way of the Lord; Make straight in the desert A highway for our God.
4 Every valley shall be exalted and every mountain and hill brought low; The crooked places shall be made straight and the rough places smooth;
5 The glory of the Lord shall be revealed, and all flesh shall see it together; For the mouth of the Lord has spoken.”
6 The voice said, “Cry out!” And he said, “What shall I cry?” “All flesh is grass, and all its loveliness is like the flower of the field

WEEK 2

Isaiah 40:1 - 11 (NKJV)

7 The grass withers, the flower fades, because the breath of the Lord blows upon it; Surely the people are grass.
8 The grass withers, the flower fades, but the word of our God stands forever."
9 O Zion, You who bring good tidings, Get up into the high mountain; O Jerusalem, You who bring good tidings, lift up your voice with strength, lift it up, be not afraid; Say to the cities of Judah, "Behold your God!"
10 Behold, the Lord God shall come with a strong hand, and His arm shall rule for Him; Behold, His reward is with Him, and His work before Him.
11 He will feed His flock like a shepherd; He will gather the lambs with His arm, and carry them in His bosom, and gently lead those who are with young."

APPLYING

1)

- Where in our family life do we most need God's comfort right now, and how can we offer that same comfort to one another?
- Isaiah begins with "Comfort, comfort my people." This question helps us name real burdens — stress, disappointment, fatigue — and then practice being agents of God's comfort at home.

2)

- What would change in our attitudes or routines if we truly believed that God's word is the one thing that 'stands forever'?
- Verses 6–8 contrast human frailty with the permanence of God's word.
- This invites us to reflect on priorities, media habits, decision-making, and the voices we allow to shape us.

3)

- How can we follow the Shepherd's example by carrying, guiding, and gently leading one another — especially those who feel weak or overwhelmed?
- Verse 11 paints a tender picture of God's shepherding care.
- This question helps us think about practical ways to support the "lambs" and "those with young" in our house.

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be one who comfort others. (e.g., “Forgive us Lord for often giving others discomfort rather than bringing them comfort. Help us to receive comfort from the Spirit and comfort others with the same comfort. Amen.”)

Declare that Your family will have the Spirit of comfort in all they say and do. (e.g., “We declare that we, the _____ Family are full of the Spirit of comfort to reach out and be a comfort to one another and all those He leads us to. Amen!”)

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

WEEK 3

WORSHIPPING

(November 16th – 22nd 2026) Jeremiah 15 – Ezekiel 27

The Watchman
https://youtu.be/9-edP7UcExA?si=AjYBfo2kUopPexax

Watchman on the Wall
https://youtu.be/6vVBsSIaA0Q?si=Ut0CmRenupLLjphb

Do You Wanna Be Watchmen (For Kids)
https://youtu.be/cnCaSbJvw8U?si=Me7VuetEZDtD7Mi4

Ezekiel 3:16 - 21 (NKJV)

Reading for young kids
https://www.youtube.com/watch?v=Lp2kloEvn-g

16 “Now it came to pass at the end of seven days that the word of the Lord
came to me, saying,
17 “Son of man, I have made you a watchman for the house of Israel; therefore
hear a word from My mouth, and give them warning from Me:
18 When I say to the wicked, ‘You shall surely die,’ and you give him no
warning, nor speak to warn the wicked from his wicked way, to save his life,
that same wicked man shall die in his iniquity; but his blood I will require at
your hand.
19 Yet, if you warn the wicked, and he does not turn from his wickedness, nor
from his wicked way, he shall die in his iniquity; but you have delivered your
soul.

WEEK 3

Ezekiel 3:16 - 21 (NKJV)

20 “Again, when a righteous man turns from his righteousness and commits iniquity, and I lay a stumbling block before him, he shall die; because you did not give him warning, he shall die in his sin, and his righteousness which he has done shall not be remembered; but his blood I will require at your hand.
21 Nevertheless if you warn the righteous man that the righteous should not sin, and he does not sin, he shall surely live because he took warning; also, you will have delivered your soul.”

APPLYING

1)

- How can we lovingly ‘warn’ one another in our home when we see choices that may lead to harm?
- Ezekiel is appointed as a watchman, not to scold but to protect.
- This question helps us talk about gentle correction, courageous conversations, and creating a culture where warning is seen as love, not judgment.

2)

- What habits help us stay spiritually awake, so we don’t ignore God’s voice or drift into danger?
- The passage highlights the danger of failing to listen.
- This invites reflection on rhythms — Scripture, prayer, honest conversations — that keep us attentive to God.

3)

- In what ways can each of us take responsibility for our own walk with God while still supporting one another?
- Ezekiel is accountable for his warnings, and each person is accountable for their response.
- This question helps us balance personal responsibility with shared encouragement.

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be watchmen in their generation. (e.g., “Forgive us Lord that we often do not watch and pray for those around us and do not speak the truth in love when needed. Help us to rise and shine for Your glory. Amen!”)

Declare by faith that your family will be spiritual watchmen. (e.g., “We declare that we, the _____ family are watchmen, warning each other and those we meet when necessary when they are going a destructive way, bringing them back to the Lord’s ancient paths. Amen!”)

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

WEEK 4

WORSHIPPING

(November 23rd – 30th 2026) Ezekiel 28 - Zephaniah 3

Great Awakening
https://youtu.be/S58VMX1-Eqc?si=o3l3qYD4YR6G9ICt

Spirit Touch Your Church
https://youtu.be/w3ni6zjnBRA?si=ejn5Z68VteVEXWHx

Joel 2:28 (For kids)
https://youtu.be/sSa3tMehk3E?si=4iq8ocigfXbit9kj

Joel 2:28 - 32 (NKJV)

Reading for young kids
https://www.youtube.com/watch?v=-QbRYOpThA8

28 “And it shall come to pass afterward That I will pour out My Spirit on all flesh; Your sons and your daughters shall prophesy, Your old men shall dream dreams, Your young men shall see visions.
29 And also on My menservants and on My maidservants I will pour out My Spirit in those days.
30 “And I will show wonders in the heavens and in the earth: Blood and fire and pillars of smoke.
31 The sun shall be turned into darkness, And the moon into blood, Before the coming of the great and awesome day of the Lord.
32 And it shall come to pass That whoever calls on the name of the Lord Shall be saved. For in Mount Zion and in Jerusalem there shall be deliverance, As the Lord has said, Among the remnant whom the Lord calls.

APPLYING

1)

- Where do we see God's Spirit already at work in our family, and how can we become more attentive to His leading?
- Joel describes the Spirit poured out on all people — sons, daughters, young, old.
- This helps us notice spiritual growth, answered prayers, and moments of conviction or encouragement.

2)

- How can we create space at home for every generation — children, youth, adults — to share what God is showing them?
- The passage highlights visions, dreams, and prophecy across ages.
- This question encourages intergenerational listening, valuing each person's spiritual voice.

3)

- What does it look like for us, as a family, to 'call on the name of the Lord' when we face fear, uncertainty, or big decisions?
- Joel ends with a promise of rescue for those who call on God.
- This invites us to reflect on prayer habits, dependence on God, and how we respond to stress or crisis.

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to live in the power of the Holy Spirit. (e.g. “Forgive us Lord for often living in the weakness of the flesh rather than the power of the Holy Spirit. Help us to be baptized in the Spirit and be filled daily with the Spirit. Amen!”)

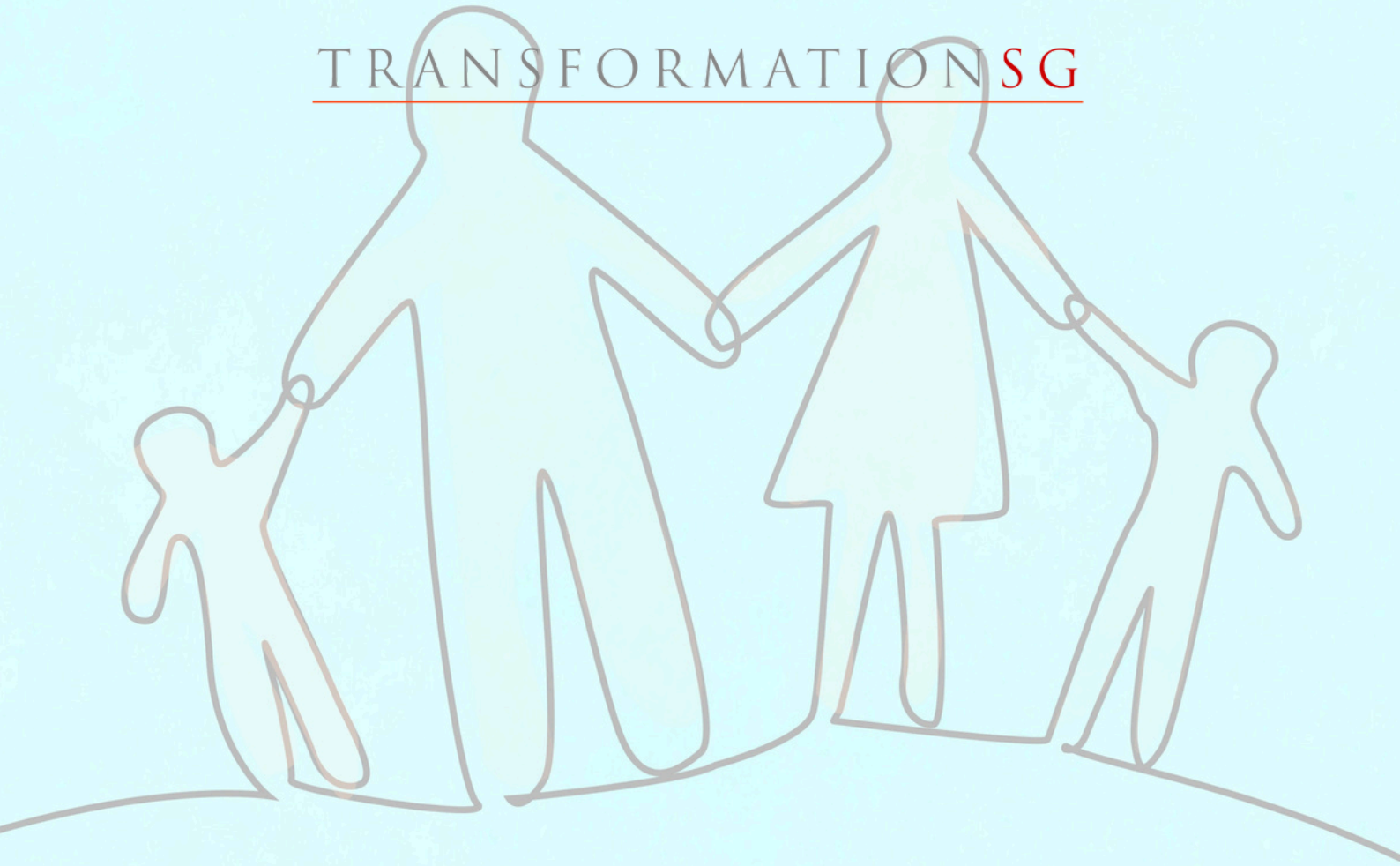
We declare by faith in the name of Jesus that we, the _____ family are going to live in the power of the Holy Spirit, seeing signs and wonders and many come to the Lord. Amen!

SPEAKING BLESSING

BLESS YOUR CHILDREN

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TRANSFORMATIONSG



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